

**Year 1 Lesson overview:**

**Autumn**

<b>Lesson</b>	<b>Lesson Objectives</b>	<b>Lesson Description</b>
<b>Meeting the Go Givers</b>	To recognise, name and deal with their feelings in a positive way.  To think about themselves, learn from their experiences and recognise what they are good at.	An introduction to the Go-Givers characters. The lesson includes a quiz and activities to help pupils understand the nature of how to make friends.
<b>Our rules</b>	Understand what rules are. Be able to explain why we need rules. Suggest a number of rules that should be used in their classroom.	Children explore what rules are, why we need them and create a set of rules for their classroom.
<b>The power of giving</b>	To understand the idea of generosity; To think of how we do not need money to be generous; To think about how generosity can make the world a better place.	In this lesson pupils will read a tale from Japanese folklore which tells of how one small act of generosity leads to big gains. They will think about whether generous acts should be rewarded and consider whether good fortune should be shared. Pupils will conclude the session by discussing ways in which they can show generosity to others without spending money.

## Spring

Lesson	Lesson Objectives	Lesson Description
<b>Anna's monster lies (Citizenship)</b>	To recognise what is right and wrong. To recognise, name and deal with their feelings in a positive way.	This lesson explores the importance of sharing and co-operation, using symbolic examples from nature and a musical exercise to illustrate how working together can help bring about better outcomes.
<b>Taking responsibility (Literacy)</b>	Understand what is meant by the word responsibility. Describe a number of different things that they have responsibility for. Describe a number of different things that other people have responsibility for. Explore how it feels when we take responsibility for our actions compared to when we make excuses.	This lesson is based around a traditional poem about four children named Everybody, Somebody, Anybody and Nobody. It introduces children to the idea of taking responsibility for their actions in the context of tidying up their toys. A number of different activities have been suggested to reinforce learning. Choose as many of these activities as you feel appropriate, they do not need to be run in any order.
<b>Name Calling: Sticks and stones (PSHE)</b>	To recognise, name and deal with their feelings in a positive way. To realise that people and other living things have needs, and that they have responsibilities to meet them.	A short practical activity to demonstrate the power that words can have on our feelings.

## Summer

Lesson	Lesson Objectives	Lesson Description
<b>How do you feel today? (PSHE)</b>	To recognise, name and deal with their feelings in a positive way. How to make simple choices that improve their health and wellbeing. To know that family and friends should care for each other.	In this lesson pupils explore their feelings through a story which focus' on the <i>Go-Givers</i> Mitali and Anna. Mitali is concerned about a sudden change in Anna's behaviour and explores ways that he can help her. Pupils look at ways to look after their mental health.
<b>Resilience - bouncing back (Literacy)</b>	To understand what the word resilience means. To think about different ways they can develop resilience.	This lesson helps children to develop resilience and consider how to respond to challenges in a positive way. The <i>Go-Givers</i> characters share their experiences of difficult situations and how they 'bounced back'.
<b>Medicine and drugs (Science)</b>	That all household products, including medicines, can be harmful if not used properly. That family and friends should care for each other. How to make simple choices that improve their health and well-being.	This lesson is based around an animated story involving the <i>Go-Givers</i> character Mitali who is feeling unwell. The other <i>Go-Givers</i> bring him different things to try and help him feel better.