

PE Long Term Planning - Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Gymnastics – Jumping Jacks Rock and Roll	Gymnastics – In the Jungle	Dance – Dinosaurs	Dance – Dance till you drop	Games – Best of Balls	Games – The Olympics
Year 1	Attacking and Defending	Gymnastics – Traditional Tales	Dance – Seasons	Throwing and Catching	Bat and Ball	Running and Jumping
Year 2	Invasion Games	Gymnastics – Under the Sea	Dance – Toys	Throwing and Catching	Bat and Ball	Sports Day (Year 1 unit)
Year 3	Invasion Games	Tag Rugby (Year 4 unit)	Gymnastics - Movement	Dance – Extreme Earth	Athletics	Striking and Fielding / OAA
Year 4	Invasion Games	Hockey	Gymnastics - Movement	Dance – Romans or Water	Athletics / Swimming	Striking and Fielding (Year 3 Unit) / OAA / Swimming
Year 5	Invasion Games	Basketball	Gymnastics – Movement / Swimming	Dance – Haka / Swimming	Athletics	Striking and Fielding / OAA
Year 6	Invasion Games / Swimming	Netball / Swimming	Gymnastics - Movement	Dance – WW2 or Electricity	Athletics	Striking and Fielding / OAA